

LAVA SOUTH

Club Tryouts & Pre-Tryout Clinics @ LAVA South for 2018-19

LAVA South ... A Tradition of Excellence

LAVA South serves the San Fernando Valley and its adjacent (and incorporated) communities, and merges quality coaching with talented athletes to create a girls club program that boasts a tradition of excellence – LAVA South teams have consistently competed at the highest levels regionally and nationally – with travel and training programs designed to prepare for playing careers beyond high school.



LAVA SOUTH VOLLEYBALL CLUB
STUDIO CITY, CA

LAVA South ... Exciting New Opportunities

LAVA South has exciting new opportunities for the coming club season, including a revitalized coaching staff with some of the finest coaches in our area today, including our Directors Sheldon Sheehy and Ryan Duncan. The South also returns its strength/core conditioning components for the coming season, to continue to help take our athletes and teams to the next level.

PRE-TRYOUT CLINICS – SEPT/OCT 2018 @ LAVA SOUTH

All Pre-Tryout Clinics in Sept/Oct will be held @ Oakwood School, 11600 West Magnolia Blvd, Studio City, CA.
Cost is \$10 per player per session.

For 6th-7th-8th Graders ... 6:00pm-7:30pm

Wed Sept 19, Fri Sept 21, Fri Sept 28,
Mon Oct 01 & Fri Oct 05

Sign up and pay for clinics online at
lava-girls.com/pre-tryout-clinics-south.

HAVE QUESTIONS? PLEASE CONTACT OUR DIRECTOR!

Sheldon Sheehy – Director, LAVA South
(email) sheldon.sheehy@gmail.com (cell) 818-419-1332

Los Angeles Volleyball Academy is a premier junior volleyball organization based in Southern California—and one of the largest, most respected entities in the SCVA.

Experience: LAVA boasts the finest collection of coaches in the region, with myriad successes won across all platforms: high school, club, college, even internationally.

Success: Recent LAVA team successes include multiple Gold, Silver, and Bronze medals at national tournaments, multiple Junior National qualification bids, and multiple Festival Top Five finishes including a pair of Festival championships. This, on top of consistent Gold Division performance in the SCVA, with steady presence in D1.

Alumnae: LAVA has sent 125+ graduates off to play college volleyball at Yale, Oregon, Amherst, Rutgers, Rice, Emory, Oklahoma, Notre Dame, Florida State, South Carolina, Pomona, Oakland, UCSD, Williams, UCSB & CSUN, among many others.

Passion & Integrity: Few great things are achieved without passion. Our passion and integrity are the constants linking our coaches, parents, and players—a subscription to the idea of *Volleyball Done Differently*. We work hard to do differently—and better—in every aspect of our enterprise.

2018-19 CLUB TRYOUTS 12's-13's-14's @ LAVA SOUTH

Primary Tryouts will be held @ Oakwood School,
11600 West Magnolia Blvd, Studio City, CA.

Sat Oct 06 :: 12's ONLY :: Main Tryouts :: 8:30a-10:00a
Sat Oct 06 :: 13's ONLY :: Main Tryouts :: 10:15a-11:45a
Sat Oct 06 :: 14's ONLY :: Main Tryouts :: 12:00p-1:30p

*Sunday Make-Ups @ Providence HS, 511 S Buena Vista St, Burbank
Sun Oct 07 :: All Ages :: Make-Up Tryouts :: 10:30a-12:00p

*Monday Make-Ups @ Oakwood, 11600 West Magnolia Blvd, Studio City
Mon Oct 08 :: All Ages :: Make-Up Tryouts :: 7:30p-9:00p

*Players are **strongly** encouraged to attend the first tryout session for their age group. Team roster spots are not guaranteed to remain available after the first tryout session.

Pre-Registration & Cost for Club Tryouts:

Register and submit payment online at lava-girls.com/tryouts-registration. \$25 if pre-registered. \$30 for walk-in on-site registration. New players receive tryout shirt. **Returning LAVA players wear 2018 season jersey.**

Age Group Eligibility Definitions (Age Division – Born After Date):

14's – 09/01/04 13's – 09/01/05 11's/12's – 09/01/06

Space Remains for 15's-18's LAVA South Travel Teams

Limited space does remain on LAVA South Travel Teams for 15's-18's. We are looking for a few more athletes!

Are you interested in joining one of our teams?

Contact Sheldon Sheehy, LAVA South Director
(cell) 818-419-1332 (email) sheldon.sheehy@gmail.com

SOUTH