

# LAVA SOUTH

## Club Tryouts & Pre-Tryout Clinics @ LAVA South for 2017-18

### LAVA South ... A Tradition of Excellence

LAVA South serves the San Fernando Valley and its adjacent (and incorporated) communities, and merges quality coaching with talented athletes to create a girls club program that boasts a tradition of excellence – LAVA South teams have consistently competed at the highest levels regionally and nationally – with travel and training programs designed to prepare for playing careers beyond high school.



LAVA SOUTH VOLLEYBALL CLUB  
STUDIO CITY, CA

### LAVA South ... Exciting New Opportunities

LAVA South has exciting new opportunities for the coming club season, including a revitalized coaching staff with some of the finest, most dedicated, most successful, and most passionate coaches in our area today: Nabil Mardini, Ryan Duncan, Cris Matochi, and Sheldon Sheehy to name a few. The South is also excited to add strength/core conditioning components to the training program, to help take our athletes and teams to the next level.

### PRE-TRYOUT CLINICS – SEPTEMBER 2017

#### @ LAVA SOUTH

All Pre-Tryout Clinics in Sept/Oct will be held @ Oakwood High School, 11600 West Magnolia Blvd, Studio City, CA. Cost is \$20 per new player per session. Returning players from last season \$10 per session.

Clinic #1	:: Sat 9/9	:: 2:30p - 4:00p	:: 4 <sup>th</sup> -6 <sup>th</sup> Graders	:: \$20/\$10
		:: 4:00p - 5:30p	:: 8 <sup>th</sup> Graders	:: \$20/\$10
Clinic #2	:: Sat 9/16	:: 2:30p - 4:00p	:: 4 <sup>th</sup> -6 <sup>th</sup> Graders	:: \$20/\$10
		:: 4:00p - 5:30p	:: 7 <sup>th</sup> Graders	:: \$20/\$10
Clinic #3	:: Sat 9/23	:: 2:30p - 4:00p	:: 7 <sup>th</sup> Graders	:: \$20/\$10
		:: 4:00p - 5:30p	:: 8 <sup>th</sup> Graders	:: \$20/\$10
Clinic #4	:: Sat 9/30	:: 2:30p - 4:00p	:: 4 <sup>th</sup> -6 <sup>th</sup> Graders	:: \$20/\$10
		:: 4:00p - 5:30p	:: 7 <sup>th</sup> Graders	:: \$20/\$10
		:: 5:30p - 7:00p	:: 8 <sup>th</sup> Graders	:: \$20/\$10

Sign up and pay for clinics online at [lava-girls.com/pre-tryout-clinics-south](http://lava-girls.com/pre-tryout-clinics-south).

### HAVE QUESTIONS? PLEASE CONTACT OUR DIRECTOR!

Nabil Mardini – Director, LAVA South

(email) [nabil.mardini@lavacademy.com](mailto:nabil.mardini@lavacademy.com) (cell) 310-433-2623

**Los Angeles Volleyball Academy** is a premier junior volleyball organization based in Southern California—and one of the largest, most respected entities in the SCVA.

**Experience:** LAVA boasts the finest collection of coaches in the region, with myriad successes won across all platforms: high school, club, college, even internationally.

**Success:** Recent LAVA team successes include multiple Gold, Silver, and Bronze medals at national tournaments, multiple Junior National qualification bids, and multiple Festival Top Five finishes including a pair of Festival championships. This, on top of consistent Gold Division performance in the SCVA, with steady presence in D1.

**Alumnae:** LAVA has sent 125+ graduates off to play college volleyball at Yale, Oregon, Amherst, Rutgers, Rice, Emory, Oklahoma, Notre Dame, Florida State, South Carolina, Pomona, Oakland, UCSD, Williams, UCSB & CSUN, among many others.

**Passion & Integrity:** Few great things are achieved without passion. Our passion and integrity are the constants linking our coaches, parents, and players— a subscription to the idea of *Volleyball Done Differently*. We work hard to do differently—and better—in every aspect of our enterprise.

### 2017-18 CLUB TRYOUTS - 11's, 12's, 13's, 14's

#### @ LAVA SOUTH

Primary Tryouts for LAVA South will be held @ Oakwood High School, 11600 West Magnolia Blvd, Studio City, CA.

11's & 12's	:: Sat Oct 07	:: 8:30a - 10:00a	:: @ Oakwood*
13's & 14's	:: Sat Oct 07	:: 10:30a - 12:30p	:: @ Oakwood*
11's & 12's	:: Mon Oct 09	:: 6:20p - 7:30p	:: @ Oakwood*
13's & 14's	:: Mon Oct 09	:: 7:30p - 9:00p	:: @ Oakwood*

\*Players are **strongly** encouraged to attend the first tryout session for their age group. Team roster spots are not guaranteed to remain available after the first tryout session.

#### **Pre-Registration & Cost for Club Tryouts:**

Register and submit payment online at [lava-girls.com/tryouts-registration](http://lava-girls.com/tryouts-registration). \$25 if pre-registered. \$30 for walk-in on-site registration. New players receive tryout shirt. Returning LAVA players wear 2017 season jersey.

#### **Age Group Eligibility Definitions (Age Division – Born After Date):**

14's – 09/01/03    13's – 09/01/04    11's/12's – 09/01/05

### Space Remains for 15's-18's

#### LAVA South Travel Teams

Limited space does remain on LAVA South Travel Teams for 15's-18's. We are looking for a few more athletes – especially those freshmen who just got to high school and realize they want to play club volleyball, but missed the tryouts this past August.

**Are you interested in joining one of our teams?**

Contact Sheldon Sheehy, LAVA South Assistant Director  
(cell) 818-419-1332 (email) [sheldon.sheehy@lavacademy.com](mailto:sheldon.sheehy@lavacademy.com)

**SOUTH**