

Summer Indoor Volleyball @ LAVA North (Santa Clarita) For Girls Ages 08-18

LAVA NORTH

SUMMER OFFERINGS (2018)

Bi-Weekly Workshops ... For Grades 05-12

Cost is \$30 per session (session=two dates). Sessions run **Mondays & Wednesdays** @ North Facility, **9:00am-10:30am** (grades 5-8) and **10:30a-12:00p** (grades 9-12).

#1 – June 4 & 6 (Skills Workshop I) ... **#2 – June 11 & 13** (Skills Workshop II)
#3 – June 18 & 20 (Pass-Transition-Hit) ... **#4 – June 25 & 27** (Passing & Hitting)
#5 – July 9 & 11 (Let's Compete) ... **#6 – July 16 & 18** (Let's Compete)

Freshman Friday Fever ... For Grades 09

Skills training and open gym play for freshmen only! Help prep for high school with technical feedback from our coaches and competition with other freshmen! Runs **Fridays 9:00am-11:00am, 6/8- 7/13**. \$10 per session. Sign up online or walk in and play!

Pre Tryout Clinics ... For Grades 9-12

Cost is \$10 per clinic. Clinic is on **Sunday, July 15th, 22nd and 29th**. **9th/10th graders from 4-5:30pm and 11th/12th graders from 5:30-7:00pm**. This is a great opportunity to work on the skills before August 4th club tryouts. The Coaches will also give you some helpful tips on how to stand out at tryouts!

YOUTH/JUNIORS PROGRAMS (SEASONAL)

*Special May Youth Practices – 100% Free (3rd-6th)

We are offering two FREE practices in May to those interested in our Lava Lite Youth Program. It's a great opportunity to bring a friend and experience an intro to our program. Come join the fun! **Details: 5/5 & 5/12, 10:00a-11:30a**.

Lava Lite Program ... Grades 03-05

The Summer Session of our popular Lite Program at LAVA North runs over ten weeks (May-July). Court #01 is for beginner/intermediate players. Court #2 is for intermediate/advanced players. **Info: lava-girls.com/north-lite-sign-up**.

Court #01 ... Beginner/Intermediate Players

Sundays @ North Facility • 10:00a-11:30a • 5/20- 7/29 (10 wks*) • \$160

Court #02 ... High Intermediate/Advanced Players

Sundays @ North Facility • 10:00a-11:30a • 5/20- 7/29 (10 wks*) • \$160

*Saturday 6/16 and no class on 6/24

Juniors Program ... Grades 06-08

The Summer Session of our Juniors Program is a ten week session at \$160 per player, practices once weekly (Sun 11:30a-1:00p, 5/20-7/29).

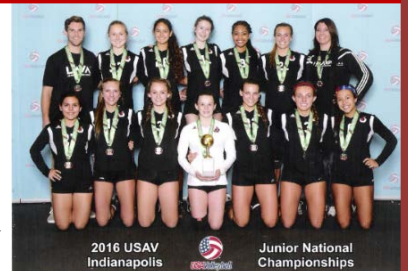
Info: lava-girls.com/juniors-north-sign-up. *Sat 6/16 and no class 6/24

Have Questions?

Contact Kristin Dolan at kristin.dolan@lavacademy.com or 661-713-5123 or Mary Irilian at mary.irilian@lavacademy.com or 661-312-9682.



LAVA North 16 Adidas won Gold at the USA Volleyball Junior National Championships in Indianapolis in June of 2016. It was the first National Title for LAVA North.



2016 USAV Indianapolis Junior National Championships

OUR LAVA NORTH PROGRAM

LAVA NORTH is an elite club volleyball program that values the development of athletes while balancing a competitive spirit with a fun environment. Recent season highlights include:

- # - GOLD MEDAL at '16 USAV Junior Nationals, 16's Division
- # - SILVER MEDAL at '17 USAV Junior Nationals, 17's Division
- # - Top 15 Overall Finish, SoCal Region (265 teams), 16 Adidas

Our phenomenal coaching staff is pumped to get back in the gym this coming summer to work with our North athletes – and those interested in becoming North athletes. The North Facility houses all practices and fitness training for the program, **located at 28325 Constellation Road, Santa Clarita**. Come see for yourself what all the excitement is about at LAVA North and take advantage of the many summer offerings on our schedule. See you in the gym!

15's-18's Club Tryouts ... August 4th (Sat)

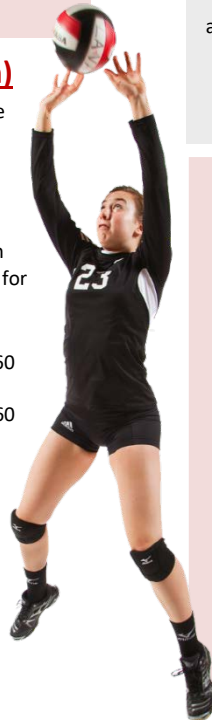
Tryouts for Girls Travel Teams @ LAVA North

LAVA North offers many full travel and limited travel club team options for girls ages 10-18. Club team tryouts for girls in grades 9-12 (15's-18's age divisions) opens on **Saturday, August 4th** (actual season runs Dec-Jun). 11's-14's age division tryouts open early October (for girls grades 4-8, season runs Nov-Jun). For more info and to pre-register online, visit lava-girls.com/tryouts.

Pre-Tryout Clinics @ LAVA North

August 2018 — Grades 9-12 ... Sept 2018 — Grades 4-8

LAVA North offers Pre-Tryout Clinics to hone skills leading up to tryouts, first in August for 15's-18's and then September for 11's-14's. It is highly recommended that prospective athletes attend these clinics. For pre-tryout clinic details and to sign up online, visit lava-girls.com/pre-tryout-clinics-north.



SIGN UP ONLINE @ LAVA-GIRLS.COM/SUMMER-NORTH

NORTH
LAVA NORTH VOLLEYBALL CLUB - SANTA CLARITA, CA